

Community Health Needs Assessment Implementation Plan

2019

➤ Anderson County Hospital



I. Introduction

Anderson County Hospital is a 25-bed critical access hospital providing Garnett and the surrounding communities with essential health care services, including primary care, 24/7 emergency services, inpatient and outpatient surgery, full laboratory services, imaging services, and more. Patients have access to a specialty clinic in addition to their primary care physician at the Family Care Center. By offering lab services, X-rays, and digital mammography locally, Anderson County Hospital provides patients with the best care close to home.

Mission: Anderson County Hospital is a member of Saint Luke's Health System. As a faith-based county hospital, Anderson's mission is to enhance the physical, mental, and spiritual health of the patients it serves. As a member of Saint Luke's Health System, Anderson County Hospital partners with patients, physicians, payers, employees, and the communities it serves to provide health care services.

Vision: The best place to get care. The best place to give care.

II. Purpose of the Implementation Plan

This Implementation Plan addresses the community health needs identified in the 2018 Community Health Needs Assessment (CHNA) prepared for Anderson County Hospital. This Plan serves as Anderson County Hospital's implementation strategy for meeting those needs including setting the goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law, including but not limited to: The Patient Protection and Affordable Care Act of 2010.

III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) prepared for Anderson County Hospital, as well as through a review of existing community benefit activities.

IV. Community Health Needs

Anderson County Hospital undertook a structured approach to determine health needs including analysis of public health data, interviews with health care professionals, and input from community members. The Community Health Needs Assessment identified three major health needs:

- Behavioral Health Care
- Improved Access to Care
- Increased Access to Physical Activity and Nutrition

V. What Anderson County Hospital Will Do to Address Priority Needs

1. Behavioral Health

Anderson County continues to be above the Kansas benchmark and well above the national benchmark in regard to the number of poor mental health days reported. Mental health providers include psychiatrists, clinical psychologists, clinical social workers, psychiatric nurse specialists, and marriage/family therapists who meet certain qualifications and certifications.

Implementation Strategies

Anderson County Hospital is committed to maintaining behavioral health services for Anderson County residents while offering additional services via psychiatric telemedicine. Anderson County Hospital will implement the following strategies in addressing behavioral health as a priority need:

Milestone / Sub-Activity	Description	Measures	Start Date	Expected End Date
1	Behavioral Health			
1.1	Goal: Improve access to mental health services in Anderson County			
1.1.1	The mental health team utilized by the telemedicine program has the training and expertise to address issues such as: <ul style="list-style-type: none"> • Depression • Stress • Life transitions • Family problems • Crisis • Grief and loss • Mental illness • Trauma-related issues • Anxiety/panic disorders • Dual-diagnosis treatment 	Number of tele-psych visits completed	1/1/2019	12/31/2021
1.1.2	Anderson County Hospital will continue to provide psychiatric services onsite at the Family Care Center as well as through the eHealth telemedicine program.	Number of psychiatric visits completed	1/1/2019	12/31/2021
1.1.3	Saint Luke's Health System will advocate on key health policy issues at the state and national level involving access to behavioral health services, especially for the low-income populations.	On-going advocacy efforts	1/1/2019	12/31/2021
1.2	Goal: Reduce Drug/Substance Abuse in Anderson County			
1.2.1	The hospital will also continue to work with community partners such as the Southeast Kansas Mental Health Center and Mid America Nazarene to address the ongoing mental health needs of community members.	Partnerships maintained Number of referrals to community partners	1/1/2019	12/31/2021
1.2.2	Saint Luke's Health System will advocate on key health policy issues at the state and national level involving access to behavioral health services, especially for services related to substance abuse.	On-going advocacy efforts	1/1/2019	12/31/2021

2. Improved Access to Care

Because of its all-inclusive nature, health care access is identified as the overarching health need within Anderson County Hospital's community.

Affordability— Following the implementation of the Patient Protection and Affordable Care Act (PPACA), the state of Kansas chose not to expand their Medicaid Program as outlined in the law. In Kansas, the existing Medicaid eligibility level for non-elderly adults is among the lowest in the country. Under the current Medicaid program, a parent in a four person household must earn no more than \$8,000 per year to be eligible for coverage. Low-income adults without children are not eligible at any income level.

Availability— Anderson County Hospital opened a new facility in January of 2015. The new hospital facility has allowed ACH to provide expanded services for patients and attract new health care professionals to the community.

Implementation Strategies

Anderson County Hospital will work to expand access to comprehensive, quality health care services for individuals within Anderson County. Anderson County Hospital will implement the following strategies in addressing access to care as a priority need:

Milestone / Sub-Activity	Description	Measures	Start Date	Expected End Date
2	Access to Care			
2.1	Goal: Improve affordability of health care services for those in Anderson County			
2.1.1	Anderson County Hospital will continue to accept Kansas Medicaid.	Policy maintained	1/1/2019	12/31/2021
2.1.2	Anderson County Hospital will continue to offer financial assistance to those who qualify.	Policy maintained Amount of Financial Assistance provided annually	1/1/2019	12/31/2021
2.1.3	Saint Luke's Health System will continue to advocate on key health policy issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population.	On-going advocacy efforts	1/1/2019	12/31/2021
2.2	Goal: Improve availability of health care services for those in the Anderson County			
2.2.1	As a member of Saint Luke's Health System, Anderson County Hospital has the ability to connect local patients with a range of highly trained physician specialists without the need to leave Garnett. Anderson County Hospital's Specialty Clinic features a wide range of services.	Services maintained	1/1/2019	12/31/2021
2.3.1	Leverage technology to increase access to new populations	Saint Luke's 24/7 App Telemedicine services in operation	1/1/2019	12/31/2021

3. Increased Access to Physical Activity and Nutrition

Adult obesity is becoming an epidemic in the U.S. and increases the risk for countless health conditions. Obesity is an energy imbalance due to a lack of physical activity combined with a poor diet. Obesity can ultimately lead to the following: coronary heart disease, Type 2 diabetes, cancer, hypertension, stroke, gall bladder disorders, respiratory problems, and osteoarthritis.

Implementation Strategy

Anderson County Hospital will work internally and externally to improve the access to physical activity and healthy nutrition in Anderson County. Anderson County Hospital will provide the following services dedicated to physical activity and nutrition:

Milestone / Sub-Activity	Description	Measures	Start Date	Expected End Date
3	Increased Access to Physical Activity and Nutrition			
3.1	Reduce Obesity in Anderson County			
3.1.1	Anderson County Hospital will be engaged in the The Spring into Fitness program, which is a free program for the children of Anderson County focusing on health, exercise, and nutrition.	Number of participants that complete the program	1/1/2019	12/31/2021
3.1.2	Anderson County Hospital will be engaged in the Women in Training program, which is an eight-week training program for women of all ages that offers one-on-one support from fitness and health experts.	Number of participants that complete the program	1/1/2019	12/31/2021
3.1.3	Anderson County Hospital will continue to host the ACH Family Health Festival, which is a fun filled day of health for Anderson County residents. Community members will be encouraged to participate in a free event featuring health screenings and education.	Number of screenings Number served	1/1/2019	12/31/2021
3.2	Reduce Food Insecurity in Anderson County			
3.2.1	Anderson County Hospital will look into screening patients for food insecurity and referrals to the appropriate community resources.	Strategy considered Partners identified Number of positive screens Number of referrals	1/1/2020	12/31/2021

VI. Approval

The Anderson County Hospital Board of Directors approved this Implementation Plan on October 22, 2018. This implementation plan specifies community health needs that Anderson County Hospital has determined to meet in whole or in part and that are consistent with its mission. The Anderson County Hospital Board of Directors reviews the Implementation Plan on an annual basis, and reserves the right to amend it as circumstances warrant.

> **Contact us**

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