

# Hedrick Medical Center Community Health Needs Assessment Implementation Plan

2022

◆ Hedrick Medical Center



# Hedrick Medical Center CHNA Implementation Strategy

Adopted by the Hedrick Medical Center Board of Directors on December 16, 2021.

This implementation strategy describes how Hedrick Medical Center (HMC or the hospital) plans to address significant needs described in the Community Health Needs Assessment (CHNA) published by the hospital on December 16, 2021. See the CHNA report at <https://www.saintlukeskc.org/community-health-needs-assessments-implementation-plans>. HMC plans to implement the initiatives described herein during calendar years 2022 through 2024.

Conducting the CHNA and developing this implementation strategy were undertaken by the hospital to assess and address significant health needs in the community served by HMC, and in accordance with Internal Revenue Service regulations in Section 501(r) of the Internal Revenue Code.

This implementation strategy addresses the significant community health needs described in the CHNA report. This document identifies the significant needs the hospital plans to address through various strategic initiatives and also explains why the hospital does not intend to address certain other significant needs identified in the CHNA report.

This document contains the following information:

1. About HMC
2. Definition of the Community Assessed by HMC
3. Summary of Significant Community Health Needs
4. Implementation Strategy to Address Significant Health Needs
5. Significant Community Health Needs HMC Will Not Address
6. Adoption of the Implementation Strategy by HMC's Authorized Body

## **1. About HMC**

Hedrick Medical Center is a critical access hospital located in Chillicothe, Missouri. A city-owned, not-for-profit critical access hospital, Hedrick Medical Center is the only Joint Commission-accredited hospital in north-central Missouri. The 25-bed acute care hospital offers comprehensive care, including a 24-hour emergency department staffed by board-certified physicians, inpatient and outpatient diagnostic testing, a spacious maternity unit, a Women's Center featuring 3-D mammography, inpatient and outpatient surgery, inpatient and outpatient rehabilitation services, an Intensive Care Unit featuring eICU, a specialty clinic, and primary care offices adjoining the facility. Additional information about HMC is available at: <https://www.saintlukeskc.org/locations/hedrick-medical-center>.

Saint Luke's Health System ("SLHS") is a faith-based, not-for-profit health system committed to the highest levels of excellence in providing health care and health-related services in a caring

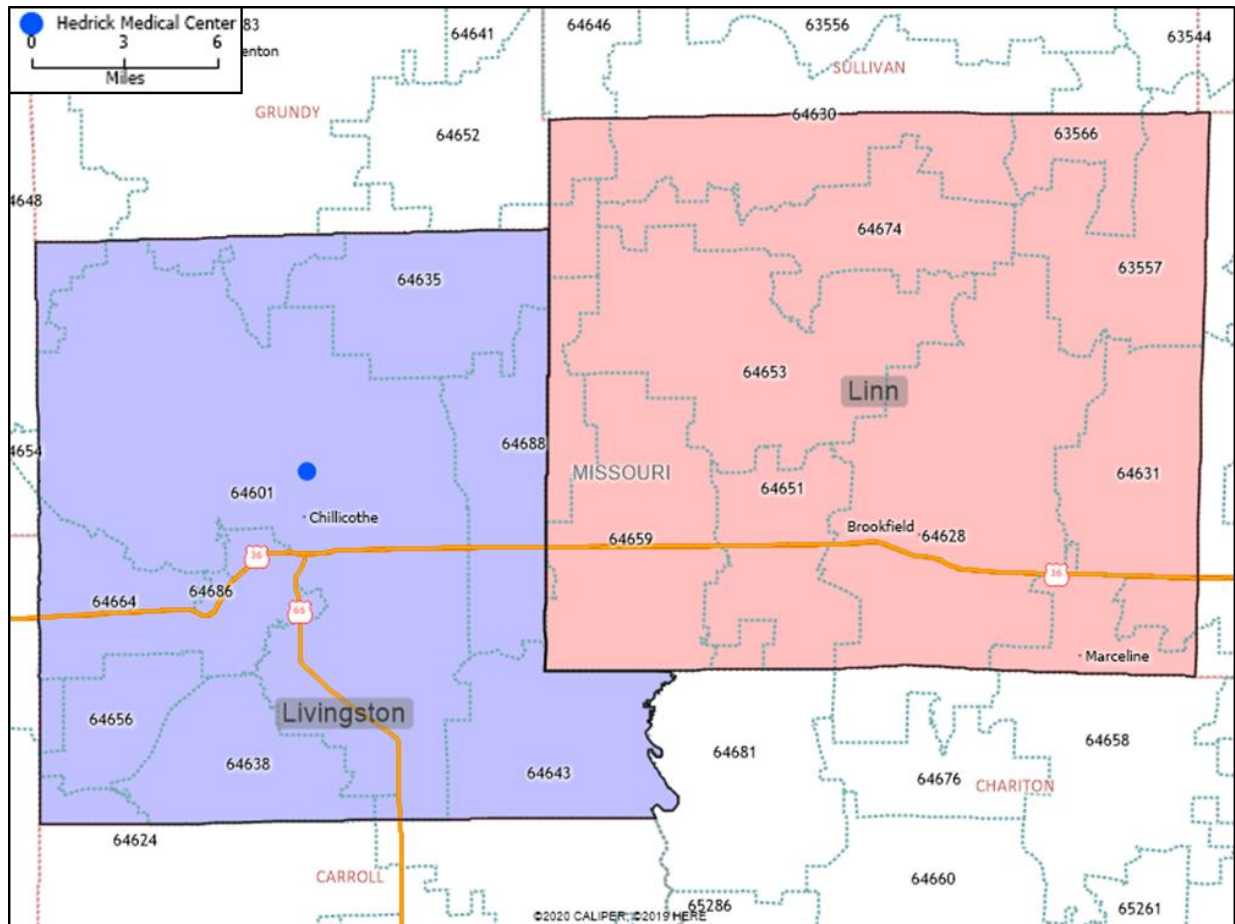
environment. The system is dedicated to enhancing the physical, mental, and spiritual health of the diverse communities it serves. Saint Luke’s Health System operates 18 hospitals and campuses across the Kansas City region, home care and hospice services, behavioral health care, dozens of physician practices, a life care senior living community, and additional facilities and services. Additional information regarding SLHS is available at: <https://www.saintlukeskc.org/about-saint-lukes>.

## 2. Definition of the Community Assessed by HMC

For purposes of this CHNA, HMC’s community is defined as Livingston and Linn counties, both in Missouri. The community was defined by considering the geographic origins of the hospital’s inpatient discharges and emergency room visits in calendar year 2020. Livingston and Linn counties accounted for approximately 60 percent of the hospital’s 2020 inpatient discharges and 78 percent of emergency room cases.

The total population of the HMC community in 2019 was 27,239.

The following map portrays the community assessed by HMC and the hospital’s location within Livingston County.



Source: Caliper Maptitude, 2020.

### **3. Summary of Significant Community Health Needs**

As determined by analyses of quantitative and qualitative data, the significant health needs in the community served by Hedrick Medical Center are:

- Access to Care and Health Insurance
- COVID-19 Pandemic and Effects
- Mental Health and Access to Mental Health Services
- Obesity, Physical Inactivity, and Chronic Conditions
- Poverty
- Smoking and Tobacco Use
- Substance Use Disorder and Overdoses
- Transportation

The CHNA report for HMC describes each of the above community health needs and why they were determined to be significant.

### **4. Implementation Strategy to Address Significant Health Needs**

This implementation strategy describes how HMC plans to address the significant community health needs identified in the 2021 CHNA report. A committee comprised of HMC staff, HMC board members, and community representatives who are unaffiliated with HMC or SLHS reviewed findings in that report and identified significant community health needs that the hospital intends and does not intend to address during calendar years 2022 through 2024.

As part of that decision-making process, the committee considered criteria such as:

- Whether the need is being addressed by other organizations;
- The extent to which the hospital has expertise or competencies to address the need;
- The availability of resources and evidence-based interventions needed to address the need effectively;
- The frequency with which stakeholders identified the need as a significant priority; and
- The potential for collaborations with other community organizations to help address the issue.

By applying these criteria, HMC determined that it will implement initiatives to address the following three significant health needs:

- Access to Care and Health Insurance (Including Transportation and Access to COVID-19 Treatment and Testing Services)
- Mental Health and Access to Mental Health Services
- Obesity, Physical Inactivity, and Chronic Conditions

The following pages describe the actions HMC intends to implement to address each of the above needs, including planned collaborations between the hospital and other organizations.

## **Access to Care and Health Insurance (Including Transportation and Access to COVID-19 Treatment and Testing Services)**

To address this need, HMC will implement the following initiatives:

1. Continue to accept Missouri Medicaid.
2. Expand efforts to enroll community members in Medicaid (via Centauri).
3. Provide assistance to patients with the Medicaid application process.
4. Continue efforts to recruit primary care physicians and specialists into the community.
5. Continue helping patients apply for pharmaceutical company Medication Assistance Access Programs.
6. Continue providing staff to address COVID-19 vaccine safety and benefits, social distancing strategies, masking and PPE, and patient education during discharge planning.
7. Continue operating Rural Health Clinics.
8. Provide COVID-19 vaccinations at Rural Health Clinics.
9. Expand virtual visit options for all community members including low-income communities.
10. Support SLHS efforts to update the Financial Assistance Policy and include coverage for Telehealth (virtual visit) services.
11. Continue conducting “Lunch & Learn” sessions.
12. Continue supporting the Livingston County Healthy Baby Shower for Expectant Mothers.
13. Continue participating in the Livingston County Breastfeeding Taskforce.
14. Provide staffing to health departments to support community-based health promotion events.
15. Enhance partnerships with area FQHCs.
16. Continue providing flu vaccinations in area schools.
17. Continue providing Head Start and sports physicals for area schools.
18. Explore providing Wellness Clinic services for staff of local school districts.
19. Explore providing health services for area schools using telehealth resources.

20. Continue conducting Community Blood Center Drives.
21. Continue screening patients for transportation needs and making referrals for those in need to appropriate community resources, including OATS Transit.
22. Conduct community health education through social media and marketing.
23. Provide hands-only CPR training.

**Principal Collaborators.** In implementing the above Access to Care and Health Insurance initiatives, HMC intends to collaborate with other SLHS entities (including Wright Memorial Hospital), the Missouri Hospital Association, the Livingston and Linn county health departments, school districts, OATS Transit, and area community health centers (FQHCs).

### **Mental Health and Access to Mental Health Services**

To address this need, HMC will implement the following initiatives:

1. Actively recruit mental health providers to serve diverse populations.
2. Continue screening patients for social isolation risks and make referrals to appropriate community resources.
3. Continue connecting patients with Senior Life Solutions, a group counseling (mental health services) program for seniors.
4. Explore providing virtual access to social workers in the emergency room.
5. Expand D.A.R.E. programs (currently in Chillicothe schools R-2) to other area schools.
6. Support restoring/expanding Crittenton Children's Center Trauma Smart program into area schools.
7. Explore partnership opportunities with North Central Missouri Mental Health and with Preferred Family Healthcare:
  - a. Patient referrals.
  - b. Crisis intervention (in area schools and elsewhere).
  - c. QPR Training (Question, Persuade, Refer).
  - d. Mental health first aid training.
  - e. Advocacy for state support of mental health services.
  - f. Other services.
8. Continue participation in Green Hills Regional Crisis Intervention Team Council.

9. Provide community mental health education (e.g., for first responders and others having contact with those experiencing mental health crises).
10. Screen students for mental health issues and risks when conducting Head Start and sports physicals.
11. Collaborate with the HMC Foundation in support of D.A.R.E. programs.

**Principal Collaborators.** In implementing the above Mental Health and Access to Mental Health Services initiatives, HMC intends to collaborate with other SLHS entities (including Crittenton Children’s Center and Wright Memorial Hospital), North Central Missouri Mental Health, Preferred Family Healthcare, Senior Life Solutions, and area school districts.

### **Obesity, Physical Inactivity, and Chronic Conditions**

To address this need, HMC will implement the following initiatives:

1. Expand efforts to screen patients for food insecurity and providing referrals to appropriate community resources.
2. Continue maintaining community walking trails.
3. Establish partnership with *Walk Chillicothe*.
4. Restart the hospital’s fall prevention program, in partnership with the Livingston County Health Center.
5. Re-establish (chronic disease management) weight reduction programs for adults and for children.
6. Establish a stroke support group (either in-person or virtual).
7. Expand partnerships (e.g., with MU Extension) and programs (e.g., Speaker’s Bureau) designed to promote healthy eating.
8. Conduct community health events in collaboration with the health departments intended to enhance Women’s Heart Health.
9. Consider participating in Trenton R-9 School District Fit-Tastic programs.

**Principal Collaborators.** In implementing the above Obesity, Physical Inactivity, and Chronic Conditions initiatives, HMC intends to collaborate with other SLHS entities (including Wright Memorial Hospital), MU Extension, and community agencies focused on access to healthy food.

### **5. Needs HMC Will Not Address**

No hospital organization can address all of the health needs present in its community. HMC is committed to serving the community by adhering to its mission, using its skills and capabilities,

and remaining a strong organization so that it can continue to provide a wide range of community benefits.

HMC plans to address the Substance Use Disorders and Overdoses community health need as part the above strategic initiatives that focus on mental health. HMC does not intend to address two of the other significant community health needs identified through its 2021 CHNA, namely:

- Poverty
- Smoking and Tobacco Use

**Poverty.** While the hospital’s 2021 CHNA identified poverty as a significant community health need, the committee charged with developing this implementation strategy identified other needs as higher priorities for the 2022-2024 HMC implementation strategy. The hospital’s Financial Assistance Policy provides discounts for eligible, low-income households and for those with catastrophic medical bills. The hospital also is a major employer in the county and recognizes its role in enhancing the area’s economy. This implementation strategy also includes several initiatives designed to ensure that community members living in poverty have access to preventive services and efforts to collaborate with community organizations that assist low-income residents.

**Smoking and Tobacco Use.** While the hospital’s 2021 CHNA identified smoking and tobacco use as a significant community health need, the committee charged with developing this implementation strategy identified three needs as higher priorities for the 2022-2024 HMC implementation strategy. During the course of providing health services, the hospital will be counseling patients who smoke or use tobacco to seek cessation services and will be making referrals to available resources. The hospital’s planned support of D.A.R.E. programs is another way that smoking and tobacco use risks will be addressed.

## **6. Implementation Strategy Adoption**

The Board of Directors for HMC reviewed and adopted this implementation strategy at its December 16, 2021 board meeting.



> **Contact us**

**Hedrick Medical Center**

2799 N. Washington St.  
Chillicothe, MO 64601

660-646-1480  
saintlukeskc.org



Download the **SaintLukesKC** app



Saint Luke's Health System shall not discriminate on the basis of race, color, national origin, gender, pregnancy status, sexual orientation, age, religion, disability, veteran status, gender identity or expression. *Saint Luke's Health System* cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. *Saint Luke's Health System* tuân thủ luật dân quyền hiện hành của Liên bang và không phân biệt đối xử dựa trên chủng tộc, màu da, nguồn gốc quốc gia, độ tuổi, khuyết tật, hoặc giới tính. *Saint Luke's Health System* 遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。