

# SAINT LUKE'S COMMUNITY BENEFIT IMPLEMENTATION PLAN

2016

› Anderson County Hospital



› **Contact us**

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 **Anderson  
County Hospital**  
SAINT LUKE'S HEALTH SYSTEM

## I. Introduction

Anderson County Hospital is a 25-bed critical access hospital providing Garnett and the surrounding communities with essential health care services, including primary care, 24/7 emergency services, inpatient and outpatient surgery, full laboratory services, imaging services, and more. Patients have access to a specialty clinic in addition to their primary care physician at the Family Care Center. By offering lab services, X-rays, and digital mammography locally, Anderson County Hospital provides patients with the best care close to home.

**Mission:** Anderson County Hospital is a member of Saint Luke's Health System. As a faith-based county hospital, Anderson's mission is to enhance the physical, mental, and spiritual health of the patients it serves. As a member of Saint Luke's Health System, Anderson partners with patients, physicians, payers, employees, and the communities it serves to provide health care services.

**Vision:** The best place to get care. The best place to give care.

## II. Purpose of the Implementation Plan

This Implementation Plan addresses the community health needs identified in the 2015 Community Health Needs Assessment (CHNA) prepared for Anderson County Hospital. This Plan serves as Anderson County Hospital's implementation strategy for meeting those needs including setting the goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law, including but not limited to: The Patient Protection and Affordable Care Act of 2010.

## III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) prepared for Anderson County Hospital, as well as through a review of existing community benefit activities.

## IV. Community Health Needs

Anderson County Hospital undertook a structured approach to determine health needs including analysis of public health data, interviews with health care professionals, and input from community members. The Community Health Needs Assessment identified three major health needs:

- Improved Access to Care
- Increased Access to Physical Activity and Nutrition
- Behavioral Health Care

## V. What Anderson County Hospital Will Do to Address Priority Needs

### 1. Improved Access to Care

Because of its all-inclusive nature, health care access is identified as the overarching health need within Anderson County Hospital's community.

**Affordability**—ACH will continue to accept Kansas Medicaid.

Following the implementation of the Patient Protection and Affordable Care Act (PPACA), the state of Kansas chose not to expand their Medicaid Program as outlined in the law. In Kansas, the existing Medicaid eligibility level for non-elderly adults is among the lowest in the country. Under the current Medicaid program, a parent in a four person household must earn no more than \$8,000 per year to be eligible for coverage. Low-income adults without children are not eligible at any income level.

Saint Luke's Health System will continue to advocate on key health policy issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population.

**Availability**— Anderson County Hospital opened a new facility in January of 2015. The new hospital facility has allowed ACH to provide expanded services for patients and attract new health care professionals to the community.

As a member of Saint Luke's Health System, Anderson County Hospital has the ability to connect local patients with a range of highly trained physician specialists. When Anderson County residents need to see a specialist physician, there's no reason to leave Garnett. Anderson County Hospital's Specialty Clinic features a wide range of services, including:

- Audiology
- Cardiology
- Cataract surgery
- Dermatology
- Ear, nose, and throat
- Gastroenterology
- General surgery
  - Nephrology
- Neurology
- Obstetrics and gynecology
- Orthopedics
- Podiatry
- Psychiatry
- Pulmonology
- Radiation oncology
  - Rheumatology
- Urology
- VA clinic

## **2. Increased Access to Physical Activity and Nutrition**

Adult obesity is becoming an epidemic in the U.S. and increases the risk for countless health conditions. Obesity is an energy imbalance due to a lack of physical activity combined with a poor diet. Obesity can ultimately lead to the following: coronary heart disease, Type 2 diabetes, cancer, hypertension, stroke, gall bladder disorders, respiratory problems, and osteoarthritis.

Almost one-third of Anderson County residents are obese (32 percent), which is higher than the national obesity benchmark of 25 percent. The proportion of people with physical inactivity in Anderson County is also higher than the national average at 30 percent.

Anderson County Hospital is engaged in several community health programs aimed at addressing this need.

- The *Spring into Fitness* program is a free program for the children of Anderson County focusing on health, exercise, and nutrition.
- The *Women in Training* program is an eight-week training program for women of all ages. The program offers one-on-one support from fitness and health experts.
- The ACH *Family Health Festival* is a fun filled day of health for Anderson County residents. Community members will be encouraged to participate in a free event featuring health screenings and education.

Going forward, Anderson County Hospital will continue to participate in these programs in an effort to improve overall community health including increased access to physical activity and nutrition.

## **3. Behavioral Health Care**

Anderson County continues to be above the Kansas benchmark and well above the national benchmark in regard to the number of poor mental health days reported. Mental health providers include psychiatrists, clinical psychologists, clinical social workers, psychiatric nurse specialists, and marriage/family therapists who meet certain qualifications and certifications.

Patients in Garnett and the surrounding areas currently have access to onsite psychiatric services at the Family Care Center, as well as through Anderson County Hospital's eHealth telemedicine program.

The mental health team utilized by the telemedicine program has the training and expertise to address issues such as:

- Depression
- Stress
- Life transitions
- Family problems
- Crisis
- Grief and loss
- Mental illness
- Trauma-related issues
- Anxiety/panic disorders

- Dual-diagnosis treatment

Anderson County Hospital will continue to provide psychiatric services onsite at the Family Care Center as well as through the eHealth telemedicine program. The hospital will also continue to work with community partners such as the Southeast Kansas Mental Health Center and Mid-America Nazarene to address the ongoing mental health needs of community members.

## **VI. Approval**

The Anderson County Hospital Board of Directors approved this Community Benefit Implementation Plan on February 22<sup>nd</sup>, 2016. This Implementation Plan specifies community health needs that Anderson County Hospital has determined to meet in whole or in part and that are consistent with its mission. The Anderson County Hospital Board of Directors reviews the Community Benefit Implementation Plan on an annual basis, and reserves the right to amend it as circumstances warrant.