

SAINT LUKE'S COMMUNITY BENEFIT IMPLEMENTATION PLAN

2016

► Saint Luke's East Hospital



► **Contact us**

Saint Luke's East Hospital

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 **Saint Luke's**
EAST HOSPITAL

I. Introduction

Saint Luke's East Hospital is a 201-bed acute care hospital serving communities within Jackson, Cass, Johnson, and Lafayette counties in Missouri. The hospital offers the following health-related services:

- Breast center and mammography
- Orthopedic services
- Cancer services
- Pain management
- Critical care (ICU/eICU)
- Palliative care
- Diabetes center
- Pulmonary rehabilitation
- Emergency services
- Radiology services
- Gastroenterology
- Sleep disorders
- Heart and vascular
- Spiritual wellness
- Hospitalists
- Stroke center
- Laboratory services
- Surgical services
- Maternity and NICU
- Wound care

Additionally, Saint Luke's East Hospital offers outpatient services including diagnostic, rehabilitation, and surgery. An on-site Medical Office Building supports the delivery of these services.

Mission: Saint Luke's East Hospital is a faith-based, not-for-profit community hospital committed to the highest levels of excellence in providing health care and health services in a caring environment. As a member of Saint Luke's Health System, we are committed to enhancing the physical, mental, and spiritual health of the diverse communities we serve.

Vision: The best place to get care. The best place to give care.

II. Purpose of the Implementation Plan

This Implementation Plan addresses the community health needs identified in the 2015 Community Health Needs Assessment (CHNA) prepared for Saint Luke's East Hospital. This Plan serves Saint Luke's East Hospital's implementation strategy for meeting those needs including setting the goals and objectives for providing community benefits. The Plan also meets the requirements for community

benefit planning as set forth in federal law, including but not limited to: The Patient Protection and Affordable Care Act of 2010.

III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) prepared for Saint Luke's East Hospital, as well as through a review of existing community benefit activities.

IV. Community Health Needs

Saint Luke's East Hospital undertook a structured approach to determine health needs including analysis of public health data, interviews with health care professionals, and input from community members. The Community Health Needs Assessment identified five major health needs:

- Management of Specific Prevalent Chronic Diseases
- Improved Behavioral Health Services
- Collaboration, Coordination, and Leadership of Community Resources
- Access to Care
- Stabilizing Community Socioeconomic Conditions

V. What Saint Luke's East Hospital Will Do to Address Priority Needs

1. Management of Specific Prevalent Chronic Diseases

Both primary and secondary data sources revealed a need for better management of specific chronic diseases in the community. Primary and secondary data consistently emphasized a need to provide additional treatments for heart disease, diabetes, and obesity.

Heart Disease: Heart disease is the leading cause of death in Jackson County with more deaths than all forms of cancer combined.

From preventive care to lifesaving emergency response, Saint Luke's East Hospital provides cardiovascular care to address a broad range of heart conditions and diseases. Cardiovascular services at Saint Luke's East Hospital include:

- **Prevention.** Saint Luke's East offers community members access to a CardioScan. This CT scan reveals calcified plaque buildup in arteries, which left untreated could lead to a heart attack.
- **Diagnosis.** The comprehensive array of imaging modalities at Saint Luke's East includes ultrasound, SPECT, CT, and cardiac PET. This means clinicians can provide the right test for the right patient at the right time, resulting in improved diagnosis and the most appropriate treatment.
- **Treatment.** The cardiovascular team at Saint Luke's East performs a full spectrum of cardiovascular interventions, including percutaneous coronary intervention (angioplasty) and such electrophysiology procedures as pacemaker and defibrillator implants.

Saint Luke's East recently implemented an Athletic Heart Clinic for area high school students. In collaboration with the Saint Luke's East Foundation and Emma Aronson Foundation, the clinic screens students for potential life-threatening conditions.

Saint Luke's East continues to support the American Heart Association (AHA) in its effort to build healthier lives free of cardiovascular diseases and stroke. The hospital will continue to support AHA in local community efforts including Go Red for Women and the AHA Heart Walk.

Diabetes: Jackson County has significantly higher rates of death, hospitalization, and ER visits for diabetes than the state of Missouri.

Saint Luke's East Hospital provides access to a full team of diabetes and endocrinology experts including endocrinologists, certified diabetes educators, and registered dietitians. The integrated team collaborates with primary care physicians and with specialists to treat conditions ranging from thyroid cancer to cardiovascular issues related to diabetes and endocrine disorders.

Additionally, Saint Luke's East Hospital's Diabetes Center:

- Is recognized by the American Diabetes Association
- Provides interactive teaching and care management for different types of diabetes
- Features nurses and dietitians who are highly experienced in managing complex diabetes cases
- Offers hands-on education and training for long-term diabetes management
- Holds monthly diabetes support group meetings for patients and loved ones

Obesity: Obesity is considered a local, state, and national priority. Prevalence of adult obesity in Jackson County is higher than the state average, and is 2.4% higher than the [Healthy People 2020] goal.

Saint Luke's East Hospital will continue promoting healthy nutrition and weight status to the community by offering educational opportunities by means of events, classes, and dietitians on and off campus.

Saint Luke's East Hospital will work to promote health and reduce the prevalence of overweight and obese individuals through the consumption of healthy diets, increased physical activity, and through the application of strategies related to combating heart disease and diabetes, resulting in achievement and maintenance of healthy body weight.

- Saint Luke's East Hospital will continue to offer nutritional support and expertise to community members through a partnership with the Lee's Summit Farmers Market. Healthy cooking demonstrations will be offered to the public along with access to a registered dietician.
- Saint Luke's East Hospital will support a Health Enhancement Coordinator who will continue to work with local businesses to offer health and wellness initiatives.

2. Improved Behavioral Health Services

Jackson County continues to be in line with the Missouri benchmark but above the national benchmark in regard to the number of poor mental health days reported. Mental health providers include

psychiatrists, clinical psychologists, clinical social workers, psychiatric nurse specialists, and marriage/family therapists who meet certain qualifications and certifications. Patients in Lee's Summit and Eastern Jackson County currently have access to psychiatric services through services provided by Saint Luke's Health System.

The mental health team utilized by Saint Luke's Health System has the training and expertise to address issues such as:

- Depression
- Stress
- Life transitions
- Family problems
- Crisis
- Grief and loss
- Mental illness
- Trauma-related issues
- Anxiety/panic disorders
- Dual-diagnosis treatment

Saint Luke's East Hospital will continue to work with community partners such as Crittenton Children's Center, Rediscover, and Lee's Summit Cares to address the ongoing mental health needs of community members.

3. Collaboration, Coordination, and Leadership of Community Resources

Effective collaboration between community organizations was identified as a need in Eastern Jackson County. Three separate local health departments along with a multitude of health and human service organizations all work to promote health, but additional collaboration between these organizations is needed to coordinate resources that truly meet the health needs of the community.

Leadership is needed to facilitate communication between community organizations. Additional efforts are needed to determine best methods for coordinating outreach efforts and community resources to the community at large. Such collaborative efforts enhance the community's ability to receive the right care, and lead to better overall health of community members.

Saint Luke's East Hospital will work to promote collaboration between community organizations seeking to improve health and wellness within the community. Saint Luke's East Hospital will continue to seek opportunities to collaborate with local health departments including the Jackson County – Kansas City Health Department, Independence Health Department, and Blue Springs Health Department.

4. Access to Care

Health care access has been identified as an overarching health need within Saint Luke's East Hospital's community. This overarching need for access to health care includes the affordability, availability, and awareness of health care resources.

Saint Luke's East Hospital will continue to accept Missouri Medicaid. Saint Luke's East Hospital will continue to collaborate with Saint Luke's Health System in their efforts to advocate on key health policy

issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population.

Saint Luke's East Hospital will continue to offer the Medication Assistance Program. Funded by a grant from the Homer McWilliams Fund, a SLEH social worker assists uninsured patients being discharged in securing prescription medication on a long-term basis through: establishing long-term post-discharge treatment plan with primary care physicians and pharmaceutical companies, patient assistance programs, and discount mail order programs and education regarding \$4 programs alignment with local sliding scale clinics. Saint Luke's East Hospital will continue to offer expanded appointment hours as well as walk in appointments through Saint Luke's Medical Group.

Saint Luke's East Hospital will continue to host an annual Health Festival open to all community members. The Health Festival offers a number of free health screenings including cholesterol, bone density, hepatitis C, blood pressure along with flu shots. In addition to screenings, hospital employees offer education on a variety of topics including smoking cessation and lung health, breast health, and stroke signs and symptoms.

5. Stabilizing Community Socioeconomic Conditions

The need to stabilize socioeconomic conditions in Eastern Jackson County was identified as a priority by both primary and secondary data sources. Saint Luke's East Hospital serves a diverse socioeconomic population, including pockets of economic prosperity and economic need. The average income by zip code within Jackson County varies significantly from a low of \$18,886 to a high of \$108,955.

Secondary data depicts struggling pockets of economic need within Saint Luke's East Hospital's community. Quality education, stable employment, and safe homes and neighborhoods all impact individual and population health and tend to lead to healthier lives. Education alone is associated with longer life expectancy, improved health and quality of life, and health-promoting behaviors.

Saint Luke's East Hospital will continue to support efforts to address these issues within the community. Saint Luke's East Hospital will work to coordinate efforts and leverage opportunities with community organizations and school districts seeking to improve socioeconomic conditions of community members.

VI. Approval

The Saint Luke's East Hospital Board of Directors approved this Community Benefit Implementation Plan on February 25th, 2016 This Implementation Plan specifies community health needs that Saint Luke's East Hospital has determined to meet in whole or in part and that are consistent with its mission. The Saint Luke's East Board of Directors reviews the Community Benefit Implementation Plan on an annual basis, and reserves the right to amend it as circumstances warrant.