

# SAINT LUKE'S COMMUNITY BENEFIT IMPLEMENTATION PLAN

2016

› Saint Luke's North Hospital



› **Contact us**

**Saint Luke's North Hospital**

5830 NW Barry Rd.

Kansas City, MO 64154

816-891-6000

[saintlukeskc.org](http://saintlukeskc.org)

 **Saint Luke's**  
NORTH HOSPITAL

## **I. Introduction**

**Organization Overview:** Saint Luke's North Hospital consists of two campuses serving Clay and Platte counties in Missouri, as well as surrounding areas in northwest Missouri. Between both Barry Road and Smithville campuses, Saint Luke's North Hospital offers 159 patient beds and more than 20 specialized health care services.

**Mission:** At Saint Luke's North Hospital, we are committed to providing quality health care services to enhance the physical, mental, and spiritual health of the people of the Northland and surrounding region. As a member of Saint Luke's Health System, we are dedicated to partnering with patients, physicians, payers, health providers, our community, and others.

**Vision:** The best place to get care. The best place to give care.

## **II. Purpose of the Implementation Plan**

This Implementation Plan addresses the community health needs identified in the 2015 Community Health Needs Assessment (CHNA) prepared for Saint Luke's North Hospital. This Plan serves as Saint Luke's North Hospital's implementation strategy for meeting those needs including setting the goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law, including but not limited to: The Patient Protection and Affordable Care Act of 2010.

## **III. How the Implementation Plan Was Developed**

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) prepared for Saint Luke's North Hospital, as well as through a review of existing community benefit activities.

## **IV. Community Health Needs**

Saint Luke's North Hospital undertook a structured approach to determine health needs including analysis of public health data, interviews with health care professionals, and input from community members. The Community Health Needs Assessment identified five major health needs:

- Mental Health
- Access to Care
- Cancer
- Obesity
- Diabetes

## V. What Saint Luke's North Hospital Will Do to Address Priority Needs

### 1. Mental Health

The growing demand for mental health services and low number of mental health service providers in Clay and Platte counties are areas for concern. Several barriers exist to patients in need of mental health services, including providers who do not accept Medicare and Medicaid.

Accessing mental health services can help manage chronic disease and decrease substance abuse, preventable hospitalizations, and violent crimes. Addressing the mental health issue can have a cascading effect on these secondary issues facing the community.

Saint Luke's North Hospital offers a variety of mental health services, including an extensive psychiatric telemedicine program that benefits numerous outside hospitals. The growing demand for mental health services and low number of mental health providers in Clay and Platte counties necessitates an expansion of the services to the Northland population.

Saint Luke's North Hospital–Smithville offers comprehensive mental health services, including psychiatric assessment and inpatient treatment for adolescents (ages 12 and older), adults, and geriatric patients. The multidisciplinary mental health team at Saint Luke's North Hospital–Smithville includes:

- Licensed professional counselors
- Mental health technicians
- Physicians
- Psychiatrists
- Registered nurses
- Recreational therapists
- Social workers

### Implementation Strategies

Saint Luke's North Hospital is committed to maintaining mental health services for Northland residents while expanding services to additional communities via psychiatric telemedicine outreach. Saint Luke's North Hospital will provide the following services dedicated to mental health:

- Maintain 40 previous psychiatric beds
- Maintain 11 telemedicine sites to which the psychiatric emergency team responds
- Evaluate need for telemed psych emergency assessment team to be 24/7 onsite staffing
- Add five psychiatric beds to meet ongoing acute care needs of the community
- Add five new sites to psychiatric telemedicine outreach program

### *Community Partnerships*

Saint Luke's North Hospital will maintain a collaborative relationship with Tri-County Mental Health Services to provide mental health services to the Northland community. Saint Luke's North Hospital will

work to develop a Medicaid health home model with Tri-County Health Care to coordinate mental and medical health services.

#### *Professional Education*

Saint Luke's North Hospital will develop opportunities for continuing mental health education for health professionals within the community including members of the Saint Luke's North Hospital multidisciplinary care team.

## **2. Access to Care**

Insufficient access to health services can be caused by many different issues including: lack of insurance, underinsurance, primary care provider availability, provider quality, and costs of care.

Access to primary care providers and/or a health center has a major impact on individual health. Adequate access to both primary and specialty care is of even more importance to individuals with chronic conditions. Individuals with access to care are more likely to receive preventive care that improves quality of life and helps detect and manage chronic conditions. Providing better access to care will help improve the general health of the entire community served.

Saint Luke's North Hospital collaborates with several community partners in an effort to address access to care as a priority need. Community partners include Northland Healthcare Access, Swope Health Services, Samuel U. Rodgers Health Centers, Tri -County Mental Health Services, and both Clay and Platte County Health Departments.

### **Implementation Strategies**

Saint Luke's North Hospital will work to expand access to comprehensive, quality health care services for individuals within Clay and Platte County. Saint Luke's North Hospital will implement the following strategies in addressing access to care as a priority need:

- Continue to provide access to care through 24/7 Emergency Department with helicopter pad access.
- Continue to provide assistance to Northland Healthcare Access and support their mission of coordinating quality care for people lacking access.
- Leverage technology to increase access to new populations.
- Continue recruitment of primary care physicians and other specialty care providers needed to serve the growing Northland population.
- Maintain operation of a walk-in clinic with evening and weekend hours.
- Continue to advocate on key health policy issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population.

## **3. Cancer**

Cancer is a major health concern among community members. Cancers with the highest incidence rates in Clay and Platte counties include breast cancer and lung cancer, both of which have higher rates than the United States. Breast cancer is the second leading cause of death among women in Clay and Platte counties.

The medical oncologists and hematologists at Saint Luke's North Hospital have expertise in treating a wide range of cancers. They work with an integrated, multidisciplinary care team made up of

radiation oncologists, surgeons, pathologists, nurses, pharmacists, social workers, dieticians, and counselors.

Saint Luke's North Hospital offers a wide variety of breast health care services for the community. The Center for Women's Care (CWC) at Saint Luke's North Hospital–Barry Road has continued to expand to better meet the community's needs since its opening in 2006. In 2013, The Center for Women's Care gained accreditation as a Breast Imaging Center of Excellence by the American College of Radiology (ACR) in all imaging modalities – including mammography, stereotactic breast biopsy, breast ultrasound, and ultrasound-guided breast biopsy. Breast care services at the Center for Women's Care include:

- 3-D mammography
- State-of-the-art digital imaging utilizing MammoPads
- Ultrasound
- Stereotactic biopsies
- Ultrasound-guided biopsies
- Certified MammaCare clinical breast specialists who perform clinical breast exams
- Same-day results for peace of mind
- Immediate follow-up and ultrasound during the same visit, if necessary

### **Implementation Strategies**

Saint Luke's North Hospital will continue to offer a wide variety of cancer care services for the community including offering patients the most advanced technologies available to enhance screening and diagnostic capabilities.

#### *Community Engagement*

Saint Luke's North Hospital will continue to partner with health agencies and local organizations that are committed to women's health and wellness.

- Saint Luke's North Hospital will continue to provide community education to enhance breast cancer awareness and education on early detection services.
- Saint Luke's North Hospital will provide breast health education at health fairs in Jackson, Clay, Platte, and Buchanan counties as needed.
- Saint Luke's North Hospital will continue to provide breast health education through speaking engagements to employers, local woman's organizations, and area school districts.

#### *Survivorship Program*

In 2012, Saint Luke's Health System launched an innovative cancer survivorship program. STAR Program (Survivorship, Training, And Rehab) is a nationally recognized cancer survivorship program that focuses on helping survivors heal as well as possible. Based on conventional medicine, as in orthopedic and cardiac rehabilitation, STAR Program utilizes an interdisciplinary approach in which caregivers from different specialties team up to help patients increase strength and energy, alleviate pain, and improve daily function and well-being. Saint Luke's North Hospital will continue to participate in the STAR Program on a referral basis.

#### *Physician Advisory Board*

In 2012, Saint Luke's North Hospital developed a Physician Advisory Board to encourage collaboration between radiologists and surgeons treating breast cancer patients. Saint Luke's North Hospital will continue to encourage physician collaboration in breast cancer care through the Physician Advisory Board.

#### **4. Obesity**

Excess weight may indicate an unhealthy lifestyle and lead to negative health outcomes if not addressed early. Obesity has serious health implications and reduces life expectancy by increasing the risk of developing a chronic disease such as: heart disease, stroke, high blood pressure, diabetes, and cancer. Chronic diseases such as these are the greatest drivers of mortality on an annual basis for residents of both Clay and Platte counties.

#### **Implementation Strategy**

Saint Luke's North Hospital will work to promote health and reduce the prevalence of overweight and obese individuals through the consumption of healthy diets, increased physical activity, and through the application of strategies related to combating heart disease and diabetes, resulting in achievement and maintenance of healthy body weight.

#### **5. Diabetes**

According to the CHNA prepared for Saint Luke's North Hospital, there exists a need to reduce the disease and economic costs of diabetes and improve the quality of life for all persons who have, or are at risk for the disease. Diabetes is one of the most prevalent chronic diseases in Clay and Platte counties, and is the 10th most common cause of death.

Saint Luke's North Hospital provides access to a full team of diabetes and endocrinology experts – including endocrinologists, certified diabetes educators, and registered dietitians. The integrated team at Saint Luke's North Hospital collaborates with primary care physicians and with specialists to treat conditions ranging from thyroid cancer to cardiovascular issues related to diabetes and endocrine disorders.

Additionally, Saint Luke's North Hospital's Diabetes Center:

- Provides interactive teaching and care management for different types of diabetes
- Features nurses and dietitians who are highly experienced in managing complex diabetes cases
- Offers hands-on education and training for long-term diabetes management
- Holds monthly diabetes support group meetings for patients and loved ones

#### **Implementation Strategy**

Saint Luke's North Hospital will continue to provide group and individual diabetes education opportunities with topics including:

- Healthy Living with Diabetes
- Gestational Diabetes
- Medical Nutrition Therapy
- Insulin Start
- Diabetes Prevention

Saint Luke's North Hospital will continue to provide access to the diabetes education center, which provides services for community members who are newly diagnosed with diabetes, pre-diabetes, or those seeking additional help managing diabetes. Saint Luke's North Hospital will continue to collaborate with the American Diabetes Association and the Kansas City Regional Association of Diabetes Educators.

## **VI. Approval**

The Saint Luke's North Hospital Board of Directors approved this Community Benefit Implementation Plan on March 22<sup>nd</sup>, 2016. This implementation plan specifies community health needs that Saint Luke's North Hospital has determined to meet in whole or in part and that are consistent with its mission. The Saint Luke's North Hospital Board of Directors reviews the Community Benefit Implementation Plan on an annual basis, and reserves the right to amend it as circumstances warrant.