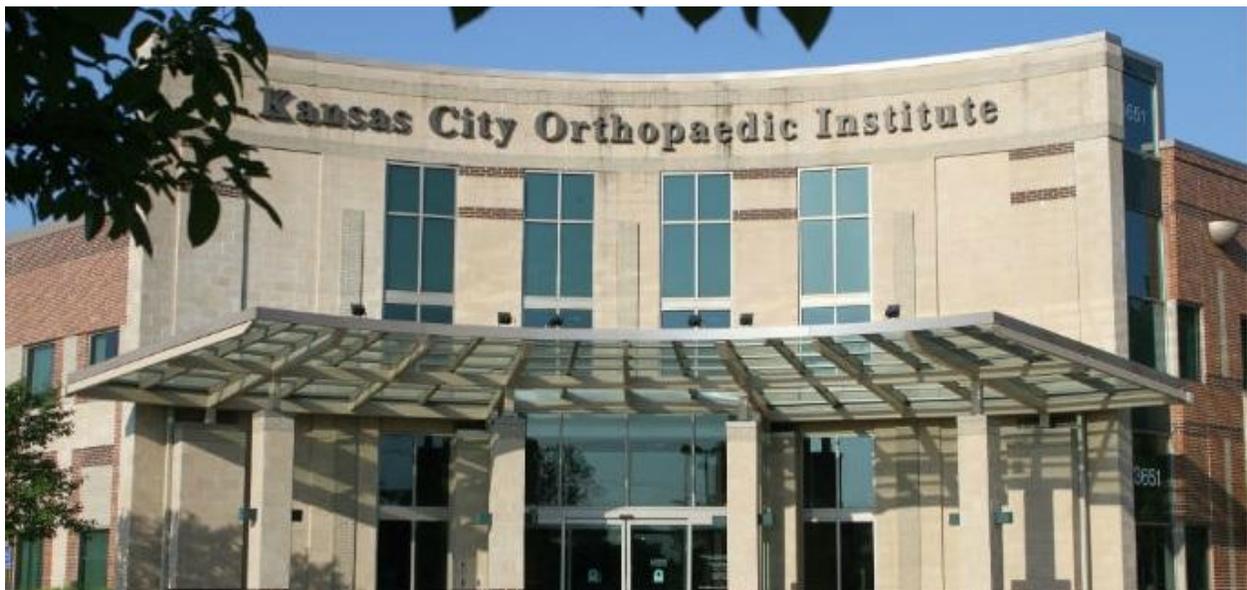


Kansas City Orthopaedic Institute

Community Benefit Implementation Plan

2014



➤ **Kansas City
Orthopaedic Institute**
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I. Introduction

The Kansas City Orthopaedic Institute (KCOI) is the first and only hospital in the Kansas City area dedicated solely to orthopedics. KCOI was created through a strategic alliance between leading orthopedic surgeons in Kansas City and Saint Luke's Health System. The hospital specializes in providing comprehensive inpatient and outpatient treatment of orthopedic disorders. KCOI services include:

- Inpatient and outpatient surgery for all orthopedic subspecialties
- Rehabilitation, including physical therapy and occupational therapy
- Magnetic resonance imaging (MRI)
- Interventional pain treatment provided by board-certified physiatrists

KCOI consistently achieves exceptional quality and patient satisfaction scores. The hospital is equipped with nine staffed beds, four operating rooms, a magnetic resonance imaging department, and a rehabilitation department providing physical and occupational therapy.

II. Purpose of Implementation Plan

This Implementation Plan addresses the community health needs identified in the 2013 Community Health Needs Assessment (CHNA) prepared for KCOI. This Plan serves as Kansas City Orthopaedic Institute's implementation strategy for meeting those needs including setting the goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law, including but not limited to: *The Patient Protection and Affordable Care Act* of 2010.

III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) prepared for KCOI, as well as through a review of existing community benefit activities.

IV. Community Health Needs

KCOI undertook a structured approach to determine health needs including analysis of public health data and interviews with health care professionals. The Community Health Needs Assessment identified three major health needs:

- Nutrition and physical activity
- Access to care for low income individuals
- Mental health/substance abuse

V. How Priorities Were Determined

Priority needs were identified based on input and analysis from several groups including hospital representatives and outside agencies providing services in the community. The process recognized all three health needs identified in the CHNA as priority needs which KCOI will address through community benefit activities.

Priority Needs:

1. Nutrition and physical activity
2. Access to care for low income individuals

3. Mental health/substance abuse

VI. What KCOI Will Do to Address Priority Needs

KCOI is proud to continue its tradition of providing top-quality health care through experienced and dedicated doctors, nurses, therapists, and support staff. Along with the specific programs detailed below, KCOI will continue to meet the unique needs of orthopedic patients in the community by providing a range of comprehensive health services. The following section outlines how KCOI plans to address priority needs.

1. Nutrition and Physical Activity

Obesity is considered a local, state, and national priority, and it is also a major contributing factor to a number of other service area concerns including heart disease and diabetes. As a provider of orthopedic surgical services, KCOI is particularly concerned with the high rates of obesity in the population. This, coupled with an aging population, has led to an increase in the prevalence of osteoarthritis within the community. Osteoarthritis affects 14 percent of adults age 25 and older and approximately one-third of those 65 and older*.

Implementation Strategies–Nutrition and Physical Activity

KCOI will work to promote health and reduce the prevalence of overweight and obese individuals through the consumption of healthy diets and increased physical activity, resulting in achievement and maintenance of healthy body weight. KCOI will implement the following strategies in addressing nutrition and physical activity as a priority need:

- Continue to provide resources and education for the primary service area regarding physical activity. This includes continuation of the Sports Injury Prevention Clinics. These clinics are free to the public to help prevent injuries sustained while engaging in physical activity; running in particular.
- Continue strategies for optimizing patients for surgery such as incorporating nutrition and physical activity themes in preoperative education to patients.

2. Access to Care for Low Income Individuals

Access to care for low income individuals was identified in the CHNA as a priority need for the community served by KCOI. Access to care was also identified by the Johnson County Health Coalition as a top priority for community health improvement. According to the CHNA, there were 95,000 low income individuals residing in Johnson County in 2013. A considerable number of these low income individuals residing in Johnson County have significant health needs and lack access to appropriate care. Providing better access to care for low-income individuals would help improve the general health of the entire community.

Implementation Strategies–Access to Care for Low Income Individuals

KCOI will work to expand access to comprehensive, quality health care services for low income individuals. KCOI will implement the following strategies in addressing access to care for low income individuals as a priority need:

- As a member of Saint Luke’s Health System, KCOI will continue to advocate on key health policy issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population.

- Continue to support number of Wy/Jo Care cases per year that KCOI supports through provision of care and services. Wy/Jo Care is a community partnership to improve access to specialty health care for low income, uninsured residents of Wyandotte and Johnson Counties. KCOI donates specialty care in a coordinated referral program led by the Medical Society to enhance the work of existing safety net clinics and other community agencies.
- Continue to offer increased access to care with extended appointment hours.

3. Mental Health/Substance Abuse

Mental health and substance abuse were identified as community health concerns in the recent CHNA. Both conditions strongly correlate with domestic violence, which was also identified in the CHNA as a service area concern.

Implementation Strategies–Mental Health/Substance Abuse

KCOI will implement the following strategies in addressing mental health/substance abuse as a priority need:

- KCOI physicians can help identify those patients who show signs of broken bones caused by domestic violence or abuse. Staff members at KCOI follow a robust policy which was put into place to ensure any patient indicating a need for advocacy, protection, or shelter will be referred to the appropriate resources. KCOI will continue to provide education on this topic to staff members.
- KCOI will continue to refer patients to SAFEHOME should the need be assessed. SAFEHOME is a local organization dedicated to providing shelter, advocacy, counseling, and education to domestic violence victims within the community.

VII. Approval

The Kansas City Orthopaedic Institute Board of Directors approved this Community Benefit Implementation Plan on May 15, 2014. This Implementation Plan specifies community health needs that Kansas City Orthopaedic Institute has determined to meet in whole or in part and that are consistent with its mission. The Kansas City Orthopaedic Institute Board of Directors reviews the Community Benefit Implementation Plan on an annual basis, and reserves the right to amend it as circumstances warrant.