

NOVEMBER 2025

60+ Dine – Meal Site Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>60+ Dine meals are served Monday–Friday from 11:15 a.m.–1 p.m. 60+ Dine is a congregate meal program administered by Southeast Kansas Area Agency on Aging (SEKAAA). <u>60+ Dine meals are available for dine-in service only.</u> To learn more, call SEKAAA at 620-431-2980 or visit: sekaaa.com/60-dine.</p>						1
2	3 Chicken tenders Mashed potato w/ gravy Vegetable blend Side garden salad Half-slice bread	4 Beef taco soup Corn chips Shredded cheese Side garden salad	5 Meatloaf Au gratin potato Mixed vegetables Side garden salad Half-slice bread	6 BBQ pulled pork on bun French fries Broccoli w/ cheese Side garden salad	7 Chicken & noodles Mashed potato Pickled beets Side garden salad	8
9	10 Turkey w/ gravy Mashed potato Brussels sprouts Side garden salad Half-slice bread	11 Salmon patty Scalloped potatoes Peas Coleslaw Corn bread	12 Ham & beans Carrots Side garden salad Corn bread	13 Steak fingers Mashed potato w/ gravy Bermuda veg. blend Side garden salad Half-slice bread	14 Beef stew Steamed cabbage Choice of salad Biscuit	15
16	17 Ham Sweet potato Peas Side garden salad Half-slice bread	18 Chili Side garden salad Corn bread	19 Turkey & cheese sandwich Potato soup Side garden salad Crackers	20 Chicken fried steak Mashed potato w/ gravy Broccoli Side garden salad	21 Potato crunch pollack Macaroni & cheese Zucchini & tomatoes Pea salad Half-slice bread	22
23/30	24 Spaghetti California veg. blend Side garden salad Garlic toast	25 White chicken chili Shredded cheese Side garden salad Biscuit	26 Pot roast w/gravy Roasted potatoes Carrots Side garden salad Half-slice bread	27 Thanksgiving Holiday No 60+ Dine Meal Served	28 Thanksgiving Holiday No 60+ Dine Meal Served	29

All meals include whole fruit or ¾ c. fresh fruit and 2% milk. Complimentary tea and coffee are available.

Find our 60+ Dine menu online: saintlukeskc.org/60dine.