

DECEMBER 2025

60+ Dine – Meal Site Menu

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------|--|---|---|---|---|-----------|
| | 1 Chicken Tenders Mashed potato w/ gravy Vegetable blend Side garden salad Half-slice bread | 2 Beef taco soup Corn chips Shredded cheese Side garden salad | 3 Meatloaf Au gratin potato Mixed vegetables Side garden salad Half-slice bread | 4 BBQ pulled pork on bun French fries Broccoli w/ cheese Side garden salad | 5 Chicken & noodles Mashed potato Pickled beets Side garden salad | 6 |
| 7 | 8 Turkey w/ gravy Mashed potato Brussels sprouts Side garden salad Half-slice bread | 9 Salmon patty Scalloped potatoes Peas Coleslaw Corn bread | 10 Crispy Chicken w/ gravy Baby bakers Carrots Side garden salad Half-slice bread | 11 Steak fingers Mashed potato w/ gravy Bermuda veg. blend Side garden salad Half-slice bread | 12 Beef stew Steamed cabbage Choice of salad Biscuit | 13 |
| 14 | 15 Pork loin w/ gravy Sweet potato Peas Side garden salad Half-slice bread | 16 Chili Shredded cheese Side garden salad Corn bread | 17 Turkey & cheese sandwich Potato soup Side garden salad Crackers | 18 Chicken fried steak Mashed potato w/ gravy Broccoli Side garden salad | 19 Potato crunch pollack Macaroni & cheese Zucchini & tomatoes Pea salad Half-slice bread | 20 |
| 21 | 22 Spaghetti California veg. blend Side garden salad Garlic toast | 23 White chicken chili Shredded cheese Side garden salad Biscuit | 24 Christmas Holiday No 60+ Dine Meal Served | 25 Christmas Holiday No 60+ Dine Meal Served | 26 Swiss steak Baby bakers Green beans Choice of salad Half-slice bread | 22 |
| 27 | 28 Chicken tenders Mashed potato w/ gravy Vegetable blend Side garden salad Half-slice bread | 29 Beef taco soup Corn chips Shredded cheese Side garden salad | 30 Meatloaf Au gratin potato Mixed vegetables Side garden salad Half-slice bread | 31 BBQ pulled pork on bun French fries Broccoli w/ cheese Side garden salad | 60+ Dine meals are served Monday–Friday from 11:15 a.m.–1 p.m. 60+ Dine is a meal program administered by Southeast Kansas Area Agency on Aging (SEKAAA). To learn more, call SEKAAA at 620-431-2980 or visit: sekaaa.com/60-dine . | |

All meals include whole fruit or ¾ c. fresh fruit and 2% milk. Complimentary tea and coffee are available.

Find our 60+ Dine menu online: saintlukeskc.org/60dine.