

September 2026

60+ Dine – Meal Site Menu



Saint Luke's
Allen County
Regional Hospital

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
60+ Dine meals are served Monday–Friday from 11:15 a.m.–1 p.m. 60+ Dine is a congregate meal program administered by Southeast Kansas Area Agency on Aging (SEKAAA). Program meals are for dine-in service only.		1 Beef taco salad w/ tortilla chips Lettuce, tomato & onion Shredded cheese Refried beans <i>SEKAAA onsite 11 a.m.-1 p.m.</i>	2 Chicken Kiev Au gratin potatoes Pickled beets Side garden salad Half-slice bread	3 Chicken alfredo Steamed broccoli Side garden salad Garlic toast	4 Tater tot casserole Green beans Choice of salad Half-slice bread	5
6	7 Labor Day No 60+ Dine meal served	8 Salisbury steak Mashed potato w/ gravy Carrot coins Side garden salad Half-slice bread	9 BBQ pulled pork on bun Tater tots Roasted Brussels sprouts Side garden salad	10 Meatloaf Baby bakers Cauliflower w/ cheese Side garden salad Half-slice bread	11 Chicken salad sandwich Baked potato chips Broccoli salad	12
13	14 Lasagna California blend veg. Side garden salad Garlic toast	15 Fire-roasted pork loin Roasted sweet potatoes Prince Edward veg. Side garden salad Half-slice bread	16 Open-faced roast beef sandwich Mashed potato w/gravy Green beans Side garden salad	17 Chicken cordon bleu Loaded potatoes Garden peas Side garden salad Half-slice bread	18 Goulash Italian blend Side garden salad Garlic toast	19
20	21 Chicken tenders Mashed potato w/gravy Bermuda blend veg. Side garden salad Half-slice bread	22 Pork tenderloin Mashed potato w/gravy Carrot coins Side garden salad Half-slice bread	23 Cheeseburger on bun Lettuce, tomato, onion & pickle Potato salad Baked beans	24 BBQ chicken thigh Scalloped potatoes Green beans Side garden salad Half-slice bread	25 Steak fingers Mashed potato w/gravy Mixed vegetables Side garden salad Half-slice bread	26
27	28 BBQ meatballs Scalloped potatoes Creamed peas Side garden salad Cornbread	29 Beef taco salad w/ tortilla chips Lettuce, tomato & onion Shredded cheese Refried beans	30 Chicken Kiev Au gratin potatoes Pickled beets Side garden salad Half-slice bread	SEKAAA representatives are onsite the first Tuesday of each month from 11 a.m.-1 p.m. to answer questions, accept new applications and donations, and add account meals. For questions about program rules or to learn more, call SEKAAA at 620-431-2980 or visit: SEKAAA.com/60-Dine .		

All meals include whole fruit or ¾ c. fresh fruit and 2% milk. Complimentary tea and coffee are available.

Find our 60+ Dine menu online: SaintLukesKC.org/60Dine.