

COMPUTER—Desktop or Laptop

Recording results in mySaintLuke's



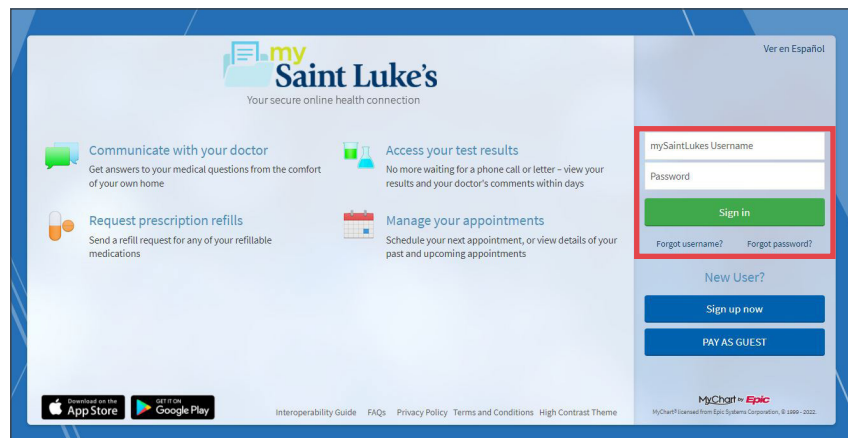
V. 2—2/7/22

It is essential to commit to taking and recording your vitals, and submitting this information into the **COVID-19 Discharged Patient Condition Monitoring** questionnaire in your mySaintLuke's patient portal account. Please submit results once a day at 9 a.m. Follow these instructions to log in to your account and enter your results using a desktop or laptop computer:

1

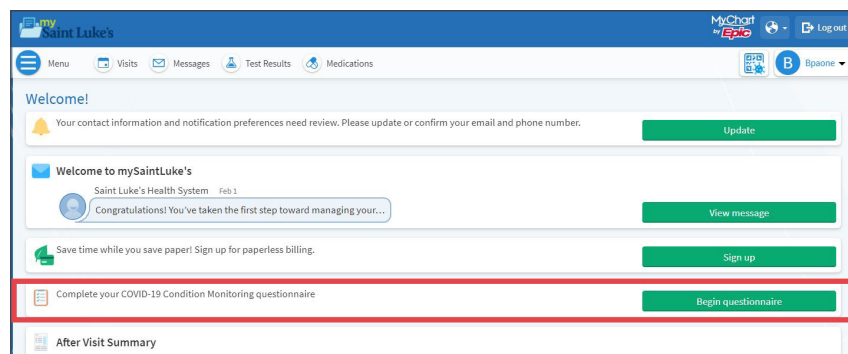
Log in to your mySaintLuke's account at mysaintlukeskc.org

Reminder: Your password must contain a special character. If you can't remember your password or username click on **Forgot Password or Username** and follow the prompts.



2

On the Welcome screen, locate the Tasks assigned to you and click the green **View Tasks** button

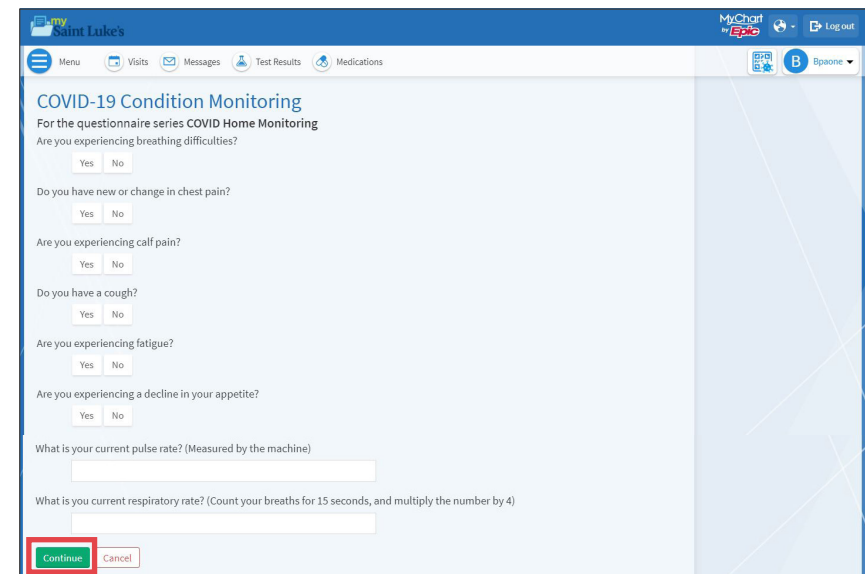


3

On the COVID-19 Condition Monitoring screen, complete the questionnaire as instructed on screen. Click the green **Continue** button when finished with each page.

Responding to the questionnaire:

- For yes/no questions, click the **Yes** button or the **No** button.
- For the temperature, oxygen, pulse rate, and respiratory rate questions, **click in the box** to enter your information.



- Temperature** = Reading from thermometer
- Oxygen reading** = SpO2% number from pulse oximeter device
- Pulse rate** = PRbpm number from pulse oximeter device
- Respiratory rate** = Number of breaths in a minute

For information on how to take these readings, see the Saint Luke's COVID-19 Care Companion Program brochure.

Review your responses and click the **green Submit button** on the last page.

COVID-19 Condition Monitoring

For the questionnaire series COVID Home Monitoring

Please review your responses. To finish, click **Submit**. Or, click any question to modify an answer.

Question	Answer
Are you experiencing breathing difficulties?	No
Do you have new or change in chest pain?	No
Are you experiencing calf pain?	No
Do you have a cough?	No
Are you experiencing fatigue?	No
Are you experiencing a decline in your appetite?	No
Are you experiencing diarrhea?	No
Are you vomiting?	No
What is your temperature?	98.6
What is your current oxygen reading? (Measured by the machine)	98
What is your current pulse rate? (Measured by the machine)	65
What is your current respiratory rate? (Count your breaths for 15 seconds, and multiply the number by 4)	15

Submit Back Cancel

Your care team is notified each time your questionnaire data is submitted. They will contact you if they have questions or need additional information following each submission.

IMPORTANT NOTE

You will have one task assigned to you each day. **Please take your vitals and complete the questionnaire once a day at 9 a.m.** The task will be active three hours before and after the assigned time, but it is important to try and complete the task as close to the assigned time as possible. If you do not complete the task within the designated time frame, a care provider will contact you to collect the necessary information.



If you experience any of these symptoms, call 9-1-1 or go directly to the Emergency Room.

- Bluish tint to skin, lips, or nail beds
- Difficulty staying awake
- Seem confused or disoriented

◆ Learn more

saintlukeskc.org/companion

◆ mySaintLuke's Patient Portal Technical Questions

844-446-5479 (toll free)

