

MOBILE—Smartphone or Tablet

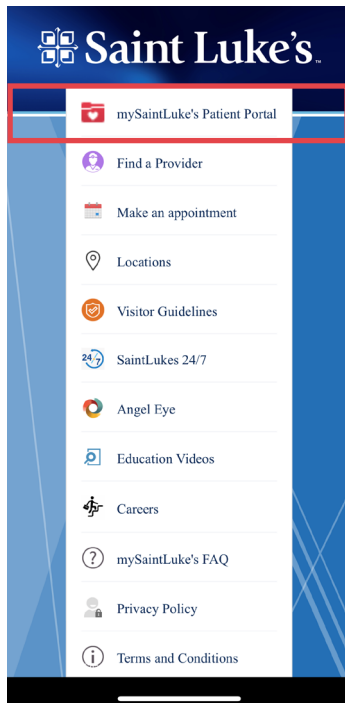
Recording results in mySaintLuke's



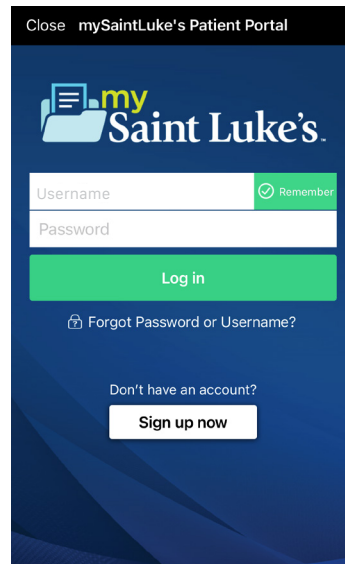
V. 2—2/7/22

It is essential to commit to taking and recording your vitals, and submitting this information into the **COVID-19 Discharged Patient Condition Monitoring** questionnaire in your mySaintLuke's patient portal account. Please submit results once a day at 9 a.m. Follow these instructions to log in to your account and enter your results using a smartphone or tablet:

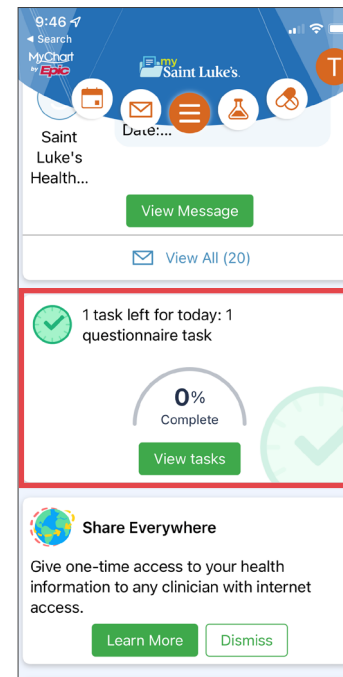
- 1 **Open the SaintLukesKC app and click mySaintLuke's Patient Portal**



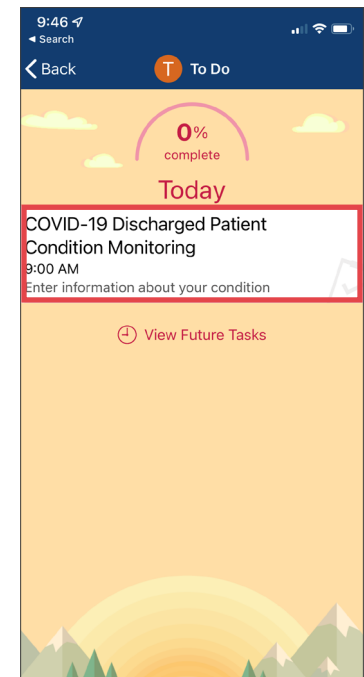
- 2 **Log in using your username and password**
Reminder: Your password must contain a special character. If you can't remember your password or username click on [Forgot Password or Username](#) and follow the prompts.



- 3 **On the Welcome screen, locate the Tasks assigned to you and click the green View Tasks button**



- 4 **On the To Do screen, locate and click on the active COVID-19 Discharged Patient Condition Monitoring task**



Don't have the app?

You can download the **SaintLukesKC app** from the App Store or Google Play.



IMPORTANT NOTE

You will have one task assigned to you each day. **Please take your vitals and complete the questionnaire once a day at 9 a.m.** The task will be active three hours before and after the assigned time, but it is important to try and complete the task as close to the assigned time as possible. If you do not complete the task within the designated time frame, a care provider will contact you to collect the necessary information.

On the COVID-19 Discharged Patient Monitoring screen, complete the questionnaire as instructed on screen. Click the green Continue button when finished with each page and finally, click the green Submit button when fully complete on the last page.

Responding to the questionnaire:

- For yes/no questions, click the **Yes button** or the **No button**.
- For the temperature, oxygen, pulse rate, and respiratory rate questions, **click in the box** to enter your information.

The screenshots show the following steps in the questionnaire:

- Screen 1 (9:47):** Title: "For the To Do task COVID-19 Discharged Patient Condition Monitoring". Question: "Are you experiencing breathing difficulties?". Buttons: Yes, No. A red box highlights the Yes and No buttons.
- Screen 2 (9:47):** Questions: "Are you experiencing diarrhea?", "Are you vomiting?", "What is your temperature?". Input fields for temperature, oxygen reading, pulse rate, and respiratory rate. A red box highlights the "Continue" button at the bottom.
- Screen 3 (9:48):** Questions: "What is your temperature?" (98.6), "What is your current oxygen reading?" (98), "What is your current pulse rate?" (65), "What is your current respiratory rate?" (15). A red box highlights the "Submit" button at the bottom.

Your care team is notified each time your questionnaire data is submitted. They will contact you if they have questions or need additional information following each submission.

Temperature = Reading from thermometer

Oxygen reading = SpO2% number from pulse oximeter device

Pulse rate = PRbpm number from pulse oximeter device

Respiratory rate = Number of breaths in one minute

For information on how to take these readings, see the Saint Luke's COVID-19 Care Companion Program patient user guide.

If you experience any of these symptoms, call 9-1-1 or go directly to the Emergency Room

- Bluish tint to skin, lips, or nail beds
- Difficulty staying awake
- Seem confused or disoriented

◆ **Learn more**

saintlukeskc.org/companion

◆ **mySaintLuke's Patient Portal Technical Questions**

844-446-5479 (toll free)

