

NOVEMBER 2024

60+ Dine – Meal Site Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>60+ Dine meals are served Monday – Friday from 11:15 a.m. – 1 p.m.</p> <p><u>60+ Dine meals are available for dine-in service only.</u> 60+ Dine is a congregate meal program administered by Southeast Kansas Area Agency on Aging (SEKAAA) with funding provided by the Older Americans Act (OAA). Meals to go and any additional menu items may be purchased from the hospital's cafeteria at regular menu prices. To learn more, call SEKAAA at 620-431-2980 or visit: sekaaa.com/60-dine.</p>						<p>1 Pork loin with gravy Sweet potatoes Cauliflower w/cheese Side garden salad Half-slice bread</p>	<p>2</p>
<p>3</p>	<p>4 Meatloaf Au gratin potatoes California veg. blend Side garden salad Half-slice bread</p>	<p>5 Chicken pot pie Pickled beets Side garden salad Half-slice bread</p>	<p>6 Hot roast beef sandwich Mashed potato w/gravy Carrot coins Side garden salad</p>	<p>7 Turkey Mashed potato w/ gravy Roasted Brussel sprouts Side garden salad Half-slice bread</p>	<p>8 BBQ baked chicken Baked potato Cauliflower w/cheese Side garden salad Half-slice bread</p>	<p>9</p>	
<p>10</p>	<p>11 Chicken fried steak Mashed potato w/gravy Green beans Side garden salad</p>	<p>12 Potato crusted pollock Macaroni and cheese Zucchini and tomatoes Coleslaw Cornbread</p>	<p>13 Smothered pork chop Mashed potato w/ gravy Mixed vegetables Side garden salad Half-slice bread</p>	<p>14 Chicken salad sandwich Broccoli cheese soup Pea salad Crackers</p>	<p>15 Taco soup w/chips Shredded cheese Veggie cottage cheese</p>	<p>16</p>	
<p>17</p>	<p>18 Swiss steak Baked potato Italian mixed vegetables Side garden salad Half-slice bread</p>	<p>19 Beef stew Coleslaw Biscuit</p>	<p>20 Salmon Scalloped potatoes Creamed peas Side garden salad Half-slice bread</p>	<p>21 Chili Side garden salad Cornbread Crackers</p>	<p>22 Crispy chicken Baby bakers Bermuda blend veg. Side garden salad</p>	<p>23</p>	
<p>24</p>	<p>25 Ham salad sandwich Potato soup Side garden salad Crackers</p>	<p>26 Taco salad w/chips Shredded cheese Lettuce Refried beans</p>	<p>27 Steak fingers Mashed potato w/gravy Baby carrots Side garden salad Half-slice bread</p>	<p>28 No 60+ Dine Meal Served Happy Thanksgiving</p>	<p>29 No 60+ Dine Meal Served Happy Thanksgiving</p>	<p>30</p>	

All meals include whole fruit or ¾ c. fresh fruit and 2% milk. Complimentary tea and coffee are available.

For our monthly 60+ Dine menu, visit: saintlukeskc.org/60dine.