

CONNECTIONS

at the RESIDENTIAL LIVING CENTER

NOVEMBER 2024



 Anderson
County Hospital
SAINT LUKE'S HEALTH SYSTEM

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Contact Us

Want to learn more about living in our Residential Living Center? Call us at **785-204-7115** to schedule a private tour for yourself or a loved one.



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421 S. Maple St.
Garnett, KS 66032
ACHRLC@saintlukeskc.org
saintlukeskc.org/RLC
Find us on Facebook.



A Few Words from Samantha

Samantha Young, RN, Director of Nursing



As we enter the fall and winter months, we look forward to festive celebrations with family and friends. But what we *don't* look forward to is a season of increased respiratory illness such as the flu and Covid-19.

Saint Luke's requires our staff to have an annual flu vaccine, and we offer vaccinations to all our residents to help defend against viruses and severe illness. As we strive to keep our residents safe and healthy, we encourage all visitors to contact your medical provider regarding the benefits of vaccines and ask that you follow any guidance posted at our entrances or in our halls about infection control practices in place.

Visitors are always welcome, but if you are feeling ill or have been in close contact with someone who has the flu or Covid-19, we ask that you defer your visit until you are feeling well. This precaution will help minimize the risk of spreading any type of respiratory illness in our community.

Thank you for the opportunity to care for your loved one. If you have any questions, please feel free to call me at **785-204-7127**.

—Samantha



Welcome Our New Administrator

William "Pat" Patton

Anderson County Hospital and the Residential Living Center recently welcomed new administrator, Pat Patton. Pat has worked in rural health care for more than 20 years and brings a wealth of operational leadership experience to our team. We look forward to sharing a special holiday message from Pat in next month's newsletter.

Culinary Corner



This recipe for dressing comes from Traci Plumlee, senior marketing strategist for Anderson County Hospital and the RLC:

This dressing has been a family favorite for more than 50 years and we can't have Thanksgiving without it. It's firm and moist, but not mushy, and has a nice flavor profile.

You can save time by purchasing dried bread cubes. We especially like the mixed bags with white, wheat, pumpernickel, and rye breads that you can find in the grocery store's bakery department. For big family dinners, we double the recipe and make two pans of dressing, one with mushrooms and one without. Adding chopped turkey or store-bought rotisserie chicken makes it a meal and is a great way to use up leftovers.

Old Fashioned Pan Dressing

Ingredients

8 cups bread	1 tsp. poultry seasoning
2 eggs, beaten	1 tsp. salt
1 stick butter or margarine	½ tsp. black pepper
1 cup celery, diced	2 cups broth from cooking giblets, or canned chicken broth
½ cup onion, chopped	
8 oz. mushrooms, sliced	

Directions

1. Cut bread into cubes to equal 8 cups. Arrange on a baking sheet and cover loosely with a clean towel. Leave out to dry for several hours or overnight.
2. Melt butter or margarine in a skillet. Add celery and onion and cook until soft. Add mushrooms and cook 3 - 4 minutes until reduced.
3. In a large bowl, mix dried bread, eggs, vegetables, and seasonings until well combined. Add broth a little at a time and mix lightly with a fork until moistened.
4. Pour into a 9x13" baking dish, leaving the mixture loose. (Do not press into the pan.) Bake at 350 degrees for 45 - 60 minutes until just brown around the edges and slightly firm in the center.

This recipe creates a fairly thin layer of dressing in the pan. If you double the recipe, be sure to separate into two pans for consistent baking. Makes 12 servings.

Favorite Side Dish

Almost everyone can agree that turkey is the centerpiece of any Thanksgiving meal, but there are varying opinions when it comes to the sides.

Norma, Janet, Buddy, John, and Patrick all agree that **dressing** is a must for the RLC's Thanksgiving feast, while Nancy, Dionysius, Frank, and Georgia have a palate for the sweet, savory goodness of **sweet potato casserole**.

Wanda knows what's best with **mashed potatoes and gravy**. Arlene and Betty Rees go straight for the **green bean casserole**, and Michiko and Eddie may skip the turkey altogether if there's **ham** on the table.

Betty Rockers will ask for seconds on the **cranberry sauce**, but Maryanne prefers the less-traditional **marshmallow salad**.

Joan, Mary, and Leona race for the dessert table to secure a slice of **pumpkin pie**. Sonny, Marjorie, and Tom are not picky at all and want a little bit of **everything!**



If you would like to receive this newsletter sooner each month, please sign up for our digital edition by emailing Traci at tplumlee@saintlukeskc.org.

Activities are subject to change.

November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
Daylight Saving Time Ends 3 9 a.m. Devotional Group 3:15 p.m. Hope Anthem Church Service	 4 9 a.m. Devotional Group 10:30 a.m. Men's Mugs 2:30 p.m. Make Pecan Pie 7:15 p.m. Bucs at Chiefs	Election Day 5 9 a.m. Devotional Group 10:30 a.m. Manicures 2:30 p.m. Corn Suncatcher	6 9 a.m. Devotional Group 10:30 a.m. Resident Council 2:30 p.m. Happy Hour 4:15 p.m. Bible Study Josh	7 9 a.m. Devotional Group 10:30 a.m. Gratitude Coloring 2:30 p.m. Library Trip	1 9 a.m. Devotional Group 10:30 a.m. Van Ride 2:30 p.m. Bingo	2 9:45 a.m. Devotional Group 10:30 a.m. Music + Coloring 2:30 p.m. Independent Activity
 10 9 a.m. Devotional Group 3:15 p.m. Beacon of Truth Church Service 12 p.m. Broncos at Chiefs	Veterans Day 11 9 a.m. Devotional Group 10:30 a.m. Blue Hat Club 2:30 p.m. Veterans Day Party	12 9 a.m. Devotional Group 10:30 a.m. Wheel of Fortune 2:30 p.m. Beaded Corn Craft	World Kindness Day 13 9 a.m. Devotional Group 10:30 a.m. Food Committee 2:30 p.m. Happy Hour 4:15 p.m. Bible Study Josh	14 9 a.m. Devotional Group 10:30 a.m. Family Feud 2:30 p.m. Pickle Tasting	15 9 a.m. Devotional Group 10:30 a.m. Yoga 2:30 p.m. Bingo	16 9:45 a.m. Devotional Group 10:30 a.m. Music + Coloring 2:30 p.m. Independent Activity
 17 9 a.m. Devotional Group 3:15 p.m. Holy Angels Catholic Service 3:25 p.m. Chiefs at Bills	18 9 a.m. Devotional Group 10:30 a.m. Handworking Club 2:30 p.m. Gratitude Gifts	19 9 a.m. Devotional Group 10:30 a.m. Manicures 2:30 p.m. Fall Truck Craft	20 9 a.m. Devotional Group 10:30 a.m. Activity Council 2:30 p.m. Happy Hour 4:15 p.m. Bible Study Josh	21 9 a.m. Devotional Group 10:30 a.m. Music Charades 2:30 p.m. Library Trip	22 9 a.m. Devotional Group 10:30 a.m. Cornhole 2:30 p.m. Bingo 6 p.m. Thanksgiving Dinner	23 9:45 a.m. Devotional Group 10:30 a.m. Music + Coloring 2:30 p.m. Independent Activity
 24 9 a.m. Devotional Group 3:15 p.m. First Baptist Church Service 12 p.m. Chiefs at Panthers	25 9 a.m. Devotional Group 10:30 a.m. Virtual Travel to Cleveland, Ohio 2:30 p.m. Movie	26 9 a.m. Devotional Group 10:30 a.m. Card Bingo 2:30 p.m. Turkey Craft	27 9 a.m. Devotional Group 10:30 a.m. Book Club 2:30 p.m. Happy Hour 4:15 p.m. Bible Study Josh	28 9 a.m. Devotional Group 10:30 a.m. Macy's Parade 2:30 p.m. Thanksgiving Party	 29 9 a.m. Devotional Group 10:30 a.m. The Price Is Right 2 p.m. Raiders at Chiefs 2:30 p.m. Bingo	30 9:45 a.m. Devotional Group 10:30 a.m. Music + Coloring 2:30 p.m. Independent Activity



Stay ACTIVE

Activities with Abby

Abigail Kellerman, Activity Coordinator



We had an absolute blast at our first RLC Halloween Bash! Our residents especially enjoyed dressing up and passing out candy to all the trick or treaters this year.

We appreciate everyone

who was able to stop by.

The rest of October was spent soaking in the last warm, sunny days of fall. We enjoyed time on the patio, made a scarecrow and popcorn balls, did LOTS of fall crafting, took a drive in the country, and enjoyed a perfect afternoon at Mundell's Pumpkin Patch in Garnett.

When the cooler days of November keep us inside, we'll have plenty to keep us busy. We'll visit the library to stock up on books and take a virtual trip to Cleveland, Ohio, to explore the city. We also have a special activity planned to honor our RLC veterans for Veterans Day and look forward to hosting our Thanksgiving dinner with fellow residents, family, and friends. We have so much to be thankful for!



RLC Veterans

November 11 is Veterans Day, and we are honored to count four veterans among our residents at the RLC. Thank you, Dionysius, Patrick, John, and Sonny for the sacrifices you have made for us.



Dionysius L.
U.S. Army



Patrick L.
U.S. Marine
Corps



John D.
U.S. Army



Sonny W.
U.S. Army



Veterans Day

Monday, Nov. 11

Veterans Day, originally known as Armistice Day to mark the anniversary of the end of World War I, honors military veterans. Major hostilities of World War I were formally ended at the 11th hour of the 11th day of the 11th month of 1918 when the Armistice with Germany went into effect. At the urging of major U.S. veteran organizations, Armistice Day was renamed Veterans Day in 1954.

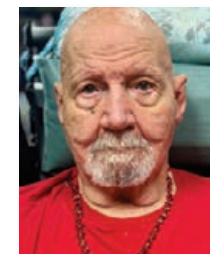
Dine with Us!

We invite our residents' friends and family members to join us during mealtimes. Guests may bring in meals from outside, purchase a meal from the RLC kitchen, or purchase items à la carte from the Anderson County Hospital Café. Meals from the RLC kitchen are \$8 for breakfast and \$9.50 for lunch or dinner. Meals must be paid for with cash or check and are available to guests as supplies last. If you will have multiple guests, please call ahead to **785-204-4016**.



RLC Resident Reveal

Our mystery resident from October is Dionysius Lickteig!



Dionysius "Don" Lickteig was born in 1934 just up the road in Greeley, Kansas. He had two uncles who were Catholic priests and was named for one of them, Rev. Fr. Dionysius Henry Gerard Lickteig, who served as a priest in Richmond and Scipio for many years.

As the oldest child in a large family, Don had a lot of responsibility growing up, including helping raise his nine younger brothers and four younger sisters. The Lickteigs were dedicated parishioners at St. John the Baptist Catholic Church in Greeley, and this early upbringing in the church made a lasting impression on Don as he continues to live his life strongly devoted to his faith.

After graduating high school in 1952, Don was drafted into the U.S. Army, where he spent four years stationed in France. Upon discharge, he settled in Harlan, Iowa, where he worked for Bell and Howell in the 1960s, a company well-known for making cameras, projectors, and other equipment used in the motion picture industry. His position with the company gave Don the opportunity to travel and lecture, kindling his passion for public speaking. Don used this interest and talent to serve others, volunteering his strong and faithful voice as a church lector throughout his life.

Don is the father of six children—four boys and two girls. He eventually moved the family from Iowa to Kansas to be closer to his extended family. While living in the Kansas City area, he started his own carpet cleaning business called Ultra Carpet Care. He loved his company, his customers, and the people he worked with, and continued to work for as long as he could.

In his free time, Don raised different breeds of hunting dogs and spent weekends hunting small prey like birds, squirrels, and rabbits. He liked spending time with his friends, playing cards, and he loved country and gospel music. He made several trips to Nashville to visit the Grand Ole Opry and is proud to have met country music legends Conway Twitty and Johnny Cash on more than one occasion.

Here at the RLC, you will find Don attending church services, playing cards, watching Westerns on television, and singing every chance he gets. It's not unusual to hear Don belting out every word of a classic hymn or old country song without missing a beat!



Can you use these clues to unmask our mystery resident?

- I was a military wife and have lived in several countries and more than 30 houses.
- I worked at Hallmark for 17 years as an administrative assistant.
- I'm a lifelong reader and continue to read every day.
- I moved to the RLC from the Kansas City area to be closer to my daughter.

Find the answer and more about our mystery resident in next month's Connections!

Welcome to the RLC



Frank F.

Frank was a John Deere dealer in Iola for nearly four decades, and he loves to

talk about all kinds of farming and tractors! He moved to the RLC from an assisted living community in Garnett and enjoys being outside, going on outings, and attending church services.



**RLC
Review**

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**RECENT EVENTS
& PHOTOS**

